

HUDA CLINIC ANNUAL REPORT 2019





The HUDA Clinic achieves its goals through generous donations, physician volunteerism, and passionate student leadership.

In this Annual Report, we outline the achievements of our generous volunteers, staff, donors, and supporters in 2019.

We provide Free Primary Care, Dental, Mental Health Services, Podiatry, Vision Services, and other services for those who are uninsured and underinsured. HUDA Clinic is a health facility that offers free health-care services to the public, which means no copays or fees. We provide preventative screenings, health assessments and referrals to specialists as needed.

TABLE OF CONTENTS

ABOUT HUDA CLINIC

OUR URBAN GARDEN

COMMUNITY OUTREACH EVENTS

OUR GROWTH OVER THE YEARS

OUR DEMAND IN RECENT YEARS

WHO ARE OUR PATIENTS

OUR VOLUNTEERS

OUR PARTNER ORGANIZATIONS

OUR LEADERSHIP AND TEAM



03

05

06

07

09

11

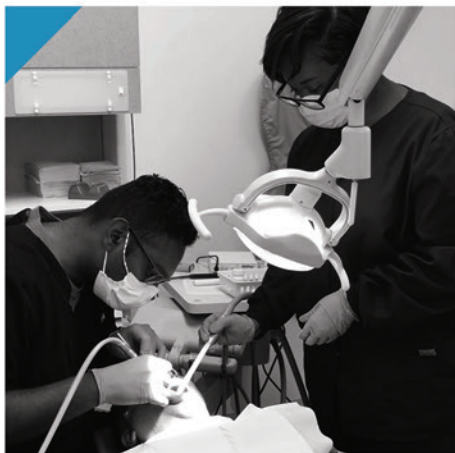
12

13

14

ABOUT HUDA CLINIC

HUDA Clinic first opened its doors in May 2004 to serve the uninsured population of the Detroit area. When it began, the HUDA Clinic provided solely medical services. We then moved from our original facility at the Muslim Center of Detroit into a new, larger facility on Woodrow Wilson Street. Since then, we have expanded our care to include a full range of dental, podiatry, vision services, and mental health services, as well as a plethora of specialty services available at no-cost to our patients.



The HUDA Clinic began because of the committed efforts of volunteers, and we continue to succeed in serving our community through volunteerism.

Along with providing health care to the uninsured and under-insured population of Metro-Detroit, HUDA Clinic strives to engage pre-health students with experience in their prospective field. HUDA volunteers are provided with the opportunity to volunteer in both clinical and non-clinical settings. Volunteers work with medical professionals in various specialties, providing them with a unique insight into medicine!



OUR VISION

“Building a healthier Detroit community by providing education and promoting wellness.”

Through our educational programs, urban garden, and clinical outreach events, HU'DA Clinic strives to serve our community to create lasting change. Through our programs and efforts, we hope to create a change towards a healthier Detroit.



OUR MISSION

“Improving the lives of those in need through comprehensive health care, education, and resources.”

Our mission statement is the foundation for all of our initiatives. We strive to be an organization that anyone and everyone can rely on for their health. We believe that basic health-care is a right, and we hope that anyone who finds themselves without care can come to HU'DA Clinic for help.

OUR URBAN GARDEN

Empowering our patients to live & eat healthy! In 2014, we successfully launched the HUDA Urban Garden - an initiative that provided months of freshly grown produce for our patients and the surrounding community. This project was started by our staff and student volunteers and is a testament to the compassion and zeal for service that we have at HUDA.



An idea started by one of our providers, the HUDA Urban Garden has provided hundreds of pounds of fresh produce to our patients and local residents at no charge!



The Garden in 2019

Over 1000+ lbs of produce
grown and distributed!

609 patients received
produce!

COMMUNITY OUTREACH EVENTS

HUDA Clinic hosts many educational and healthcare events in the community. Here are some examples from 2019!



**Project
Happy
Feet!**

Our volunteers spend a day at a homeless shelter providing foot washes, health assessments, food, cloths, and emergency kits to the residents!



**Doctors
For A
Day!**

Students from local Detroit schools spend the day at the clinic learning all the exciting things the world of healthcare has to offer!



**Ready,
Set,
Inspire!**

Our volunteers prepare DPS high school seniors for life after high school through a holistic approach that focuses on everything from stress relief to science.

OUR GROWTH OVER THE YEARS

Through the generosity of our volunteer physicians and health professionals, we have been able to expand our services provided at no cost to our patients, especially in 2019! Here is a brief snapshot of our services:



Primary Care

Primary care providers are typically the first line of contact for patients; treating general health concerns, providing education, medications and specialty referrals as needed. We provide preventative primary care services in a person-focused community health clinic.

Pharmacy

Our clinic features an in-house pharmacy, providing much needed medications to our patients at no cost to them. In 2019, we dispensed 4,928 medications to our patients! Our pharmacy is made possible through our generous donors and community organizations.

Vision Care

Vision screenings is an effective method to identify individuals with visual impairment or eye conditions that are likely to lead to vision loss. We perform screenings in-house and provide no-cost eye wear and referrals to low-cost local ophthalmologists as needed.

Dental Care

Many people wait to have necessary dental work done because they don't have insurance, however small dental problems can quickly become incredibly painful if left alone. We provide cleanings, restorative procedures, extractions, exams, and provide referrals to a specialist if needed.

Mental Health

We have volunteer psychiatrists and licensed social workers to provide therapy and treatment for a wide range of mental health concerns. We offer free counseling and treatment to veterans, homeless, uninsured, and the working underinsured.

Specialty Services

In 2019, we were able to add on an array of free services to our patients, listed on the next page. We are excited as more and more physicians and providers dedicated their time towards providing their services to our patients. This allows HUDA to provide comprehensive and quality care!



Specialty Services:

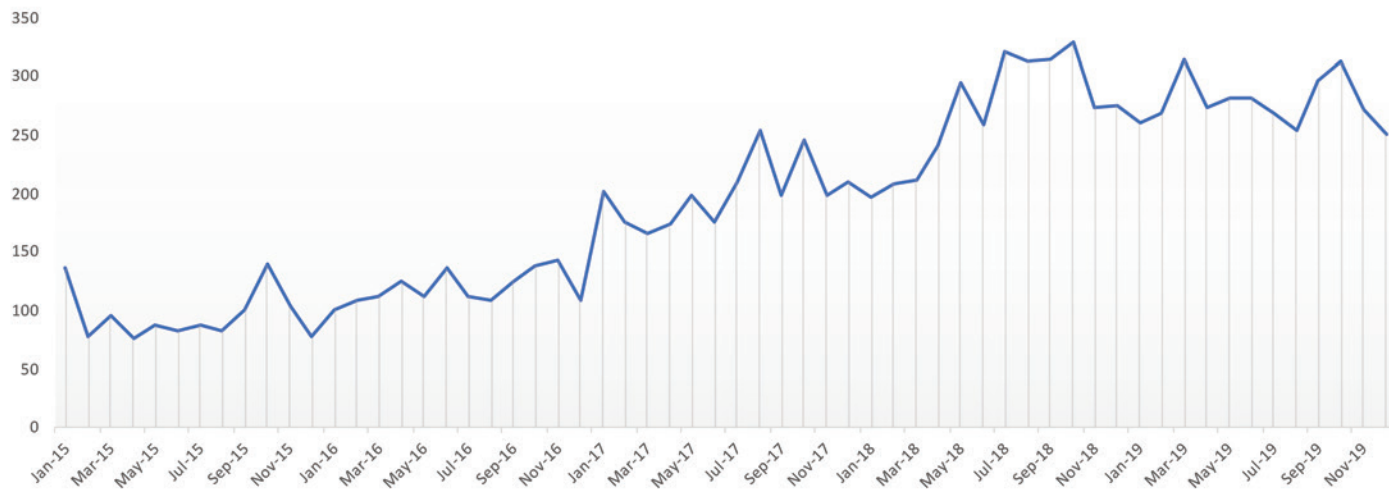
Cardiology and Ultrasound
Endocrinology
Gastroenterology
Physical Therapy
Free Laboratory Work
Podiatry

Over the years, HUDA Clinic has added on many services. We began with primary care, and have since included a plethora of services, all made possible by physicians and health professionals willing to dedicate their time.

The addition of specialty services allows HUDA Clinic to provide comprehensive and quality care for our patients. Additionally, Medicaid enrollment is vital in helping our patients transition to sustainable healthcare that they deserve. We provides these patients with care in the interim, and help them get enrolled into programs they despartely need and have been unable to attain.

OUR DEMAND IN RECENT YEARS

For over 15 years, HUDA Clinic has been relied on by hundreds of patients across Metro-Detroit. Despite an increase in insurance coverage over the recent years, there continues to exist gaps in the healthcare system that make basic health care inaccessible for some. As such, HUDA has seen a continued increase in demand for free services. Below is a snapshot of our monthly patient visits for the past five years.



We continue to see an increase in our patient numbers in recent years. Not only are we expanding our capacity to see patients, we are also responding to a continued need for our services. In the coming years, we hope to further expand our services to ensure our patients are able to receive the comprehensive and compassionate care they deserve.

SERVICES	2017	2018	2019
PRIMARY CARE	1,918	2,296	2,341
VISION CARE	36	50	106
DENTAL CARE	321	556	619
PHARMACY *	NR	4,558	4,928
MENTAL HEALTH	116	114	106
CARDIOLOGY	-	32	42
PHYSICAL THERAPY	30	127	7
ENDOCRINOLOGY	-	13	33
MEDICAID ENROLLMENT	11	34	28
TOTAL OF YEAR **	2,407	3,222	3,308

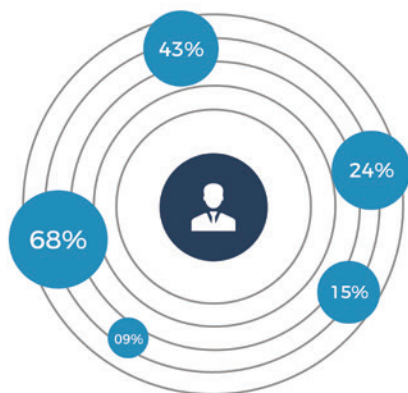


*Medications dispensed, as part of primary care visits.

**Yearly total includes additional services not listed in the table

WHO ARE OUR PATIENTS?

HUDA Clinic serves a diverse population of patients from all over Metro-Detroit. Here is at look at our patients from 2019.



2019 Patient Profile

Total Unduplicated Patients	1,277
Total First-Time Patients	920
200% Below Federal Poverty Level	92% of patients served (n= 1,175)
Employed at Least Part-Time	38% of patients served (n= 486)
Male	49% (n=610)
Female	52% (n=667)
African American	55% (n= 704)
South Asian/Asian	22% (n=274)
Caucasian/White	10% (n=128)
Arab/Middle Eastern	6% (n=80)
Hispanic or Latino	4% (n=50)

OUR VOLUNTEERS

HUDA Clinic is made possible by our dedicated and selfless volunteers. Our volunteers include physicians, healthcare professionals, and students. Here's a look at our amazing volunteers in 2019:

11,700
Hours
Volunteered

355
Student
Volunteers

100
Healthcare
Volunteers

Along with providing health care to the uninsured and underinsured population of Metro-Detroit, HUDA Clinic strives to engage pre-health students with a unique experience in their future prospective field. HUDA volunteers are provided with the opportunity to volunteer in both clinical



and non-clinical capacities. Volunteers gain great insight into the field of medicine by working side by side with professionals in various specialities. They also attain skills in leadership and administration. Our volunteers historically go on to make great physicians and health professionals!

OUR PARTNER ORGANIZATIONS



American Muslim
Community Foundation



Blue Cross
Blue Shield
Blue Care Network
of Michigan

Community Foundation
FOR SOUTHEAST MICHIGAN

DELTA DENTAL
FOUNDATION



College of Human Medicine
MICHIGAN STATE UNIVERSITY

MICHIGAN STATE
UNIVERSITY

College of
Osteopathic Medicine



ST. JOSEPH MERCY
OAKLAND
SAINT JOSEPH MERCY HEALTH SYSTEM



WAYNE STATE
Eugene Applebaum College of
Pharmacy and Health Sciences

OUR LEADERSHIP AND TEAM

Eman Altairi - Executive Director
Tracy Wilson - Clinic Manager
Valenthia Gamble R.N. - Staff Nurse
Donald Ford - Building Manager

2020 Board of Directors

Dr. Tayeb Jukaku - Chairman
Nabeel Shahzad - Vice Chairman
Syed Hafeez - Treasurer
Ghufraan Akram - Secretary
Amber Hussain
Catherine Ziyad
Fatima Kay Stuart
Hanann Nahshal
Kecia Escoe
W. Khalid Mohammad
Dr. Malek Musheinish
Mitchell Shamsuddin
Dr. Shakeel Niazi
Sumaiya Ahmed Sheikh
Dr. Wasim Rathur

Honorary Board

Hassan Sheikh
Helon Rahman
Maisha Rahman
Malia Salaam
Muhaymen Hussain
Dr. Zahid Sheikh

Advisory Board

Cristian Mihaltan
Basil Hakmeh
Faisal Mohammed
Munzer Rehman
Neha Saini

WANT TO GET INVOLVED?

Are you a healthcare professional
looking to volunteer your time?
Visit www.hudaclinic.org/volunteer.

Interested in supporting by donating?
Visit www.hudaclinic.org/donate, or scan
below:



Want to follow all things HUDA?
Follow us below!



/HUDAClinic



CONTACT US

Health Unit on Davison Avenue

📍 13240 Woodrow Wilson
Detroit, MI 48238

☎ Phone: 313-865-8446
✉ Email: info@hudaclinic.org

www.hudaclinic.org