

HUDA CLINIC ANNUAL REPORT 2018

A glimpse into the amazing work and accomplishments of our volunteers, donors, and supporters in the past year!

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With a mission to improve the lives of those in need through comprehensive healthcare, education, and resources.

For 15 years now, the HUDA Clinic has played a vital role in the community, providing the underserved in Metro Detroit with access to necessary healthcare to lead healthier lives. From primary care , dental care, and a range of other healthcare services, HUDA has been able to provide healthcare access to over 1,200 individuals this past year, all at no-cost! From a once-a-month clinic in the Muslim Community Center in 2004 to 4-days a week in our current facility, this has all been made possible through the help of dedicated volunteers, partnerships with local organizations and hospitals, and generous donations.

A Breif History of HUDA Clinic

'04

THE START

Through the dedication of volunteers, the HUDA Clinic began in the Muslim Center, providing primary care services to the uninsured once-a-month.

'11

NEW BUILDING

The HUDA Clinic purchased the facility we are currently in, located just across the street from the Muslim Center, to keep-up with the volume of patients being seen and treated at HUDA. The new facility allowed for more patients to be seen, and more volunteers to dedicate to the cause.

'12

DENTAL SERVICES ADDED

With a new facility, HUDA's aim was to include more services that underserved individuals lack access to, which lead to the beginning of our dental clinic. With the help of many grants and dentists, dental care is now being provided at HUDA, and is currently our most popular specialty service!

HUDA IN 2018

1,246

Patients Served

2,296

Primary Care Visits

4,558

Medications Provided

65%

Patients Below Federal Poverty Level

812

Labratory Services

114

Mental Health Care Visits

127

Physical Therapy Visits

49%

Unemployed or Disabled



URBAN GARDEN FOUNDED

After purchasing a vacant lot located next to the HUDA Clinic, an idea flourished to create an urban garden to provide our patients and our community with access to fresh, organically grown produce. The produce grown is provided for FREE to everyone, and helps to remove the barrier to healthy food access.



MORE SERVICES ADDED

The HUDA Clinic begins to open up multiple times a week, and includes more services to our patients, such as podiatry, psychiatry, and ophthalmology. With all these new services, HUDA begins to function as a community health clinic, finding new ways to bridge the gap in access to healthcare.



TODAY

Today, because of dedicated volunteerism by healthcare providers and students, HUDA is able to service more patients and is now providing services to hundreds of patients a month. For more comprehensive care, HUDA is offering cardiology services, and many other specialty services available to patients!

836

New Patients

29%

Patients Between 100% and 200% of FPR

556

Dental Care Visits

50

Vision Care Visits

32

Cardiology Visits

13

Endocrinology / GI Visits

33

Medicaid Enrollment

3,222

Total Services Provided

Letter from the Chairman

“Fifteen years since HUDA clinic opened its doors by a group of friends who were disturbed by the lack of health care to so many of our citizens and residents.

Much has been accomplished since that day in 2004. We have grown from a bimonthly clinic to a full service 4-day-a-week office that offers a variety of free services.

What inspires the volunteers, donors and supporters to remain loyal and passionate to the free clinic is nothing short of their faith, grounded in the frequent Quranic exhortation to believe and to do good deeds and serve humanity. Our Prophet, peace be upon him, was a mercy to mankind and we are required to emulate his example.

In these fifteen years of existence, HUDA clinic has served thousands of patients in fulfillment of this divine command.

Our success is a testament to the sincerity of all those involved, allowing us to expand our services. The Board of Directors, volunteers, staff and the donors know their reward is with Allah, the most Generous.

Huda Clinic serves all who come through our doors, and no one is denied services. We are committed to expanding our medical services while improving our quality of care. We can only do this with your help, those who believe in the mission of free health care and serving our neighbors with dignity and respect.

We will continue to strive hard to do our part, and we pray that the paradigm of health care for all citizens will become a reality in our community.”



**Dr. Jukaku Tayeb,
Chairman of the Board**

HIGHLIGHTS OF HUDA



Haircuts for the Homeless.



Dr. Collins & Dr. Musheinish volunteering after-hours at HUDA to provide better access to healthcare to serve those who cannot make it during regular hours!



Our summer youth students setting up our farm stand at HUDA Clinic to provide our patients with fresh organically grown produce!



Mother Theresa Day event at the HUDA Urban Garden with the Albanian American Student Organization



Special thanks to Syrian American Medical Society and Dr. Abdulrazak Alchakaki for sponsoring CPR/AED certification to 17 of our interns!



HUDA hosted it's first women's self-defense training course! Thank you to MALIKAH trainer Ms. Maryam Aziz for teaching women to defend themselves and empowering women!



With dedicated volunteers, anything is possible!



And this is what it's like to save lives everyday



Primary Care Services

Underserved communities are often left with many health concerns with limited resources to seek care. HUDA serves to fill the gaps in healthcare access by bringing primary care and other specialized services to the uninsured and underinsured by providing education, treating general health concerns, including helping patients manage chronic illnesses, and providing medications at no-cost! Our goal is to create healthier lifestyle outcomes to our community.

The HUDA Clinic aims to provide our patients with no-cost healthcare, we have an in-house pharmacy to provide our patients with free medications, and offer our patients with low cost option resources for medications we do not carry.

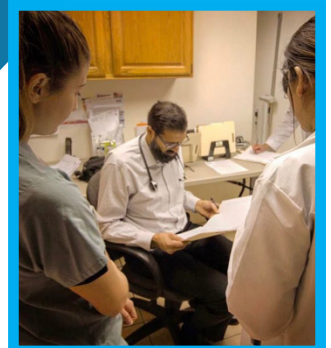
HUDA is a proud partner of Michigan State University College of Osteopathic Medicine, Michigan State University College of Human Medicine, Wayne State University School of Medicine, and Wayne State University College of Pharmacy and Health Sciences

PRIMARY CARE SERVICES

*Health Assessments
Acute and Chronic Illness Management
Specialty Services (Endocrinology,
Gastroenterology, Pulmonology,
Nephrology, Urology, Dermatology)
Laboratory Services (blood work)
No Cost Pharmacy
Diabetes Screening & Treatments
Health Education and Resources
Cholesterol & Blood Pressure screenings
Nutrition Education*

Volunteer Testimonial:

"Volunteering at HUDA is a unique experience that puts my studies into real world patient perspective and reinvigorates my motivation to learn with every shift. It's an opportunity not only to serve the community in which I live, but to practice and improve upon a variety of skills that are crucial to becoming a functional physician. I leave each day spent at HUDA with a whole host of incredible lessons." Michigan State University-College of Osteopathic Medicine medical student



Dental Services



DENTAL SERVICES

***Dental screenings, and X-Rays
Deep Cleanings
Composite Fillings
Tooth Extraction
Referrals to low cost dentists as
needed***

***HUDA is a proud partner of the
University of Detroit – Mercy School
of Dentistry, and the University of
Michigan School of Dentistry.***

Volunteer Testimonial:

"My experiences at HUDA Clinic extend beyond suctioning and handing over instruments. HUDA Clinic has given me the opportunity to make a difference in the lives of those coming from underprivileged communities by providing compassionate dental care to people from all walks of life. not only do they present as interesting cases for me to learn from, but I get to help relieve them from pain and improve their oral health, one step at a time."
University of Detroit Mercy-School of Dentistry dental student

HUDA provides dental care on-site, providing access to overlooked dental care to the underserved. Many individuals, while they do have medical insurance, do not have dental coverage, which leads many individuals to overlook their dental problems until they become incredibly painful. At HUDA, we take an approach on preventative dental care, as well as educating our patients on their oral health, while also treating dental problems.

Dental care services are our most popular specialty service at HUDA, and thanks to foundations such as Community Foundation of Southeast Michigan, Delta Dental Foundation, and Blue Cross Blue Shield Strengthening the Safety Net, we are able to provide better access to dental care 1-2 times per week!

More Services

MENTAL HEALTH CARE

At HUDA, we provide much needed mental health services across the spectrum to those in need. We have volunteer psychiatrists, along with licensed social workers to provide therapy and treatment for a wide range of mental health concerns.

VISION CARE

Vision care at HUDA provides vision screenings for glaucoma, cataract, macular degeneration, and other vision impairments. Vision screenings is an effective method to identify individuals with visual impairment or eye conditions that are likely to lead to vision loss. We perform screenings in-house and provide no-cost eye wear and referrals to local ophthalmologists as needed.



MENTAL HEALTH SERVICES

- Prescribing psychiatrist*
- Adult Counseling*
- Therapy*
- Depression, Eating Disorders, & many others across the spectrum*

VISION CARE SERVICES

- Glaucoma, cataract, macular degeneration, and other vision impairment screenings*
- FREE eye-wear*
- Referrals to eye specialists*



PHYSICAL THERAPY & CARDIOLOGY

PHYSICAL THERAPY: HUDA is now offering physical therapy on site! Providing patients with rehabilitative health and teaching patients to manage their conditions to help ease pain and help with movement and function for better lifestyle outcomes.

CARDIOLOGY: With many patients needing heart health services, thanks to the generosity of volunteer cardiologists, we began treating patients at HUDA for cardiology. This service provides much needed access to heart health to the underserved and teaching our patients to improve their health outcomes to live longer lives.



PT SERVICES

***Pain Management
Therapeutic exercises
to restore movement/
strength
Neuromuscular
reeducation
Manual therapy***

CARDIOLOGY

***Echocardiograms & EKG
testing
Cardiology consults
Heart Health
Management***

Events from 2018

Through the guidance of our Student Advisory Board, HUDA Volunteers dedicate their time to planning events to engage the community and helping those less fortunate. Here are our highlights in 2018!



DOCTOR FOR A DAY:

This annual event is dedicated to inspire inner-city children about health and medicine. Children from the Boys and Girls Club of Southeast Michigan between the ages of 5-15 visited the HUDA Clinic for a day full of activities and interactive demonstrations into the field of medicine to spark their minds and their futures!



DAY OF DIGNITY:

The HUDA Clinic participated in the Day of Dignity by Islamic Relief USA, hosted in the Muslim Center. Our volunteers helped the underserved of Detroit by providing free health screenings and assessments, in hopes to encourage them to educate them on their health to initiate better lifestyle choices. Many patients screened at this event were unaware of their chronic conditions, and were provided with resources for follow-up care.



BACK-2-SCHOOL BACKPACK DRIVE:

Students from The HUDA Clinic and Michigan State University College of Osteopathic Medicine partnered up with E'Rootha, a Chaldean Assyrian Syriac youth union, to purchase 130 backpacks, books and school supplies for 130 elementary school-aged refugee children. The bags were passed out to elementary-aged students at KEYS Grace Academy in Madison Heights, a school in which 75% of the student population is made up of refugee children.



DREAM STREET FAIR:

Hosted by DREAM of Detroit, a street fair on Woodrow Wilson Street to empower the community HUDA facility is located in by providing free health screenings and dental screenings, children activities and health questionnaires!



HAPPY FEET:

This annual event is catered to aid the growing homeless population in Detroit by providing them with much needed services and supplies. This outreach event was hosted at Detroit Rescue Mission Ministries – Men's Shelter, focused on aiding the homeless during the colder months, by providing podiatry check-ups, health screenings, foot washes, hair-cuts, care packages, and SOCKS!

HUDA URBAN GARDEN

The HUDA Urban Garden is an initiative started by a group of volunteers at HUDA to help bridge the gap of healthy food access in the impoverished area where HUDA is located. In junction with the healthcare provided at the HUDA Clinic, our urban garden serves to provide our patients with free organically grown produce, and strategies on how to eat healthier and live healthier.

In 2018, our urban garden went through a major renovation! A special thank you to the Americana Foundation for providing funding to provide water supply to the garden, as well as secure our garden perimeter with a fence! Through this, we were also able to landscape our garden to beautify the community! And the Wayne State University Honor's College was able to create sustainability to our garden by installing a solar panel pavilion!

Our garden was able to grow over 500 crops, from produce such as beets, eggplants, spinach, tomatoes, peppers, basil, onions, and MORE! We were able to distribute about 2,000 pounds of produce to our community this summer!



Our Volunteer Providers & Community Partners

Without whom HUDA's Mission would not be possible

Primary Care

Nasser Ahmad, M.D.
Muzzammil Ahmed, M.D.
Sana Ahmed, M.D.
Syed Akbar, M.D.
Shafiqul Alam, M.D.
Abdulrazak Alchakaki, M.D.
Zainab Alsamarai, PharmD
Svetlana Aminova, M.D.
Mohammed Arsiwala, M.D.
Naveed Aslam, M.D.
Amtul Bandagi, M.D.
Earl Gerald Carlos, D.O.
Janki Chandarana, M.D.
Michael Collins, M.D.
Syed Ghani, D.P.M
Soniya Hanif, M.D.
Ali Haydar, M.D.
Sarah Henry, PA-C
Christopher Hermann, NP
Wahed Ishaqsei, M.D.
Elena Jdanova, M.D.
Muneer Khan, M.D.
Muhammad Khan, M.D.
Sayeed Khan, M.D.
Sarah Kolc, PharmD.
Radwa Koujane, PA-C
Tobias Kpadenour, PharmD
Suzan Kucikarslan, PharmD
Tariq Lateef, M.D.
Farah Louzon, PharmD
Amr Mohamed, MD
Asadulla Mohammed, M.D.
Imran Moinuddin, M.D.
Muhammad Munir, M.D.
Malek Musheinessh, PharmD.
Wasfeh Musheinish, M.D.
Uzair Munshey, M.D.
Beena Nagappala, M.D.
Saqib Nakadar, D.O.
Khurram Pirzada, D.O.
Danial Rashid, M.D.
Wasim Rathur, M.D.
Mary Reed, NP-C
Ahmer Rehman, M.D.
Touseef Rehman, M.D.
Mohammed Rehman, D.O.
Zehan Sarwar, PA
Zahid Sheikh, M.D.
Yousuf Siddiqui, M.D.
Jukaku Tayeb, M.D.
Habeeb Yazdani, M.D.

Dental

Shakeel Niazi, D.D.S.
Ahmed Allam, D.M.S.
Vishnu Burla, D.D.S.
Lynn Gill, D.D.S.
Sulekha Abdi, D.D.S.
Rahaf Halimeh-Suede, D.D.S.
Hussein Daher, D.D.S.
Asmaa Abdel-Salam, D.D.S.
Monica Monroe, R.D.H.

Mental Health

Sabiha Omar, M.D.
Saba Maroof, M.D.

Vision

M. Hanif Peracha, M.D.
Meiraj Siddiqui, M.D.
Zubair Peracha, M.D.
Sufeman Hans, O.D.
Christopher Burgess, O.D.
Leila Siblani, O.D.
Naureen Haroon O.D.
Anuradha Prasad, M.D.

Cardiology

Samer Salka, M.D

Physical Therapy

Jawwad Rashid, LPTA
Ali Bokhari, LPTA
Mohammad Mehboob, DPT
Ghaiyur Alam, LPT

Community Partners

Americana Foundation
Blue Cross Blue Shield of Michigan
Community Foundation of Southeast Michigan
Delta Dental Foundation
DREAM of Detroit
Family Rehab Care
Human Development Foundation
Islamic Association of Greater Detroit
Michigan Muslim Community Council
Michigan State University College of Osteopathic Medicine
Michigan State University College of Human Medicine
Rhoades Memorial Foundation
Sinai Medical Staff Foundation
St. Joseph Mercy Oakland Hospital
Syrian American Medical Society
The Elite Smile Center
The Muslim Community Center
University of Detroit Mercy School of Dentistry
University of Michigan School of Dentistry
Wayne State University Eugene Applebaum College of Pharmacy and Health
Wayne State University School of Medicine

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